

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaïke

Coaches: Vanhaeke Heidi

Coaches: Vanhecke Sabrina HEADCOACH

Coaches: Janart Michaël

Coaches: Dewulf Bart

Coaches: Duck Chantal

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 66: 400M MEDLEY WOMEN 15-16							Heat:1, starttime: 14:42	
Heat: 1/2 Lane : 4 Athlete: FEYS FARAH							Q-time: 05:28:79	
PB (25m pool): 05:31.78 Diksmuide 12/10/2025				PB (50m pool): 05:28.79SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.77		01:15.15		01:59.16		02:41.92
	00:34.77		00:40.38		00:44.01		00:42.76	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:30.28		04:19.33		04:56.88		05:31.78
	00:48.36		00:49.05		00:37.55		00:34.90	
								

Coach feedback:

Event number: 66: 400M MEDLEY WOMEN 15-16							Heat:2, starttime: 14:48	
Heat: 2/2 Lane : 5 Athlete: DECOUTERE IMANI							Q-time: 05:05:86	
PB (25m pool): 05:05.86 Gent 09/11/2025				PB (50m pool): 05:14.46SB: 05:08.99 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.60		01:09.89		01:48.88		02:27.40
	00:32.60		00:37.29		00:38.99		00:38.52	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:11.42		03:56.42		04:31.58		05:05.86
	00:44.02		00:45.00		00:35.16		00:34.28	
								

Coach feedback:

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Event number: 67: 100M MEDLEY MEN 13-14					Heat:3, starttime: 14:58
Heat: 3/5 Lane : 2 Athlete: VANNESTE DAAN					Q-time: 01:11:84
PB (25m pool): 01:11.84 Waregem 26/09/2026					PB (50m pool): no time SB: 01:11.84 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.84	
	no time				
					

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:1, starttime: 15:04
Heat: 1/4 Lane : 2 Athlete: LEMAHIEU LIESE					Q-time: 01:16:71
PB (25m pool): 01:16.71 Waregem 26/09/2026					PB (50m pool): no time SB: 01:16.71 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.71	
	no time				
					

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 2 Athlete: SPILLEBEEN JUTTA					Q-time: 01:13:18
PB (25m pool): 01:13.18 Waregem 26/09/2026					PB (50m pool): no time SB: 01:13.18 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.18	
	no time				
					

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:3, starttime: 15:08
Heat: 3/4 Lane : 1 Athlete: DUMORTIER ELISE					Q-time: 01:15:56
PB (25m pool): 01:15.56 Brugge 04/10/2026					PB (50m pool): no time SB: 01:15.56 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.34		01:15.56	
	00:35.34		00:40.22		
					

Coach feedback:

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Event number: 69: 50M BUTTERFLY MEN 15-16							Heat:3, starttime: 15:14		
Heat: 3/5 Lane : 3 Athlete: DEBRUYNE HANNES							Q-time: 00:27:35		
PB (25m pool): 00:27.35 Brugge 04/10/2026							PB (50m pool): 00:27.99SB: 00:27.35 Brugge 04/10/2026		
	2 5 M		5 0 M						
PB			00:27.35						
	00:27.35								
									

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:1, starttime: 15:23	
Heat: 1/4 Lane : 5 Athlete: VANDEMAELE EGON					Q-time: 01:15:46	
PB (25m pool): 01:15.46 Brugge 04/10/2026					PB (50m pool): 01:17.09SB: 01:15.46 Brugge 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:33.90		01:15.46		
	00:33.90		00:41.56			
						

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:2, starttime: 15:24	
Heat: 2/4 Lane : 5 Athlete: PICEU SEPPE					Q-time: 01:03:99	
PB (25m pool): 01:04.15 Brugge 04/10/2026					PB (50m pool): 01:03.99SB: 01:04.15 Brugge 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:29.67		01:04.15		
	00:29.67		00:34.48			
						

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:2, starttime: 15:24	
Heat: 2/4 Lane : 8 Athlete: OLSZEWSKI MAXIME					Q-time: 01:14:96	
PB (25m pool): 01:14.96 Brugge 04/10/2026					PB (50m pool): 01:23.30SB: 01:14.96 Brugge 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:34.56		01:14.96		
	00:34.56		00:40.40			
						

Coach feedback:

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Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 15:30
Heat: 1/5 Lane : 6 Athlete: VERVENNE LOUISA					Q-time: 01:22:32
PB (25m pool): 01:22.32 Brugge 04/10/2026					PB (50m pool): 01:25.79 SB: 01:22.32 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.35		01:22.32	
	00:38.35		00:43.97		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 15:32
Heat: 2/5 Lane : 6 Athlete: ROMBAUT CÉLINE					Q-time: 01:15:83
PB (25m pool): 01:15.83 Brugge 04/10/2026					PB (50m pool): 01:19.16 SB: 01:15.83 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.53		01:15.83	
	00:35.53		00:40.30		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:3, starttime: 15:34
Heat: 3/5 Lane : 5 Athlete: SPILLEBEEN JUTTA					Q-time: 01:09:68
PB (25m pool): 01:09.68 Brugge 04/10/2026					PB (50m pool): 01:11.23 SB: 01:09.68 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.68		01:09.68	
	00:32.68		00:37.00		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:3, starttime: 15:34
Heat: 3/5 Lane : 8 Athlete: DECUPERE LAURENCE					Q-time: 01:14:86
PB (25m pool): 01:14.86 Brugge 04/10/2026					PB (50m pool): 01:17.55 SB: 01:14.86 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.67		01:14.86	
	00:34.67		00:40.19		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:3, starttime: 15:43
Heat: 3/8 Lane : 7 Athlete: VANDEMAELE JACOB					Q-time: 00:58:22
PB (25m pool): 00:58.22 Brugge 04/10/2026					PB (50m pool): 00:58.77 SB: 00:58.22 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.10		00:58.22	
	00:28.10		00:30.12		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:6, starttime: 15:47
Heat: 6/8 Lane : 6 Athlete: DEBRUYNE HANNES					Q-time: 00:54:81
PB (25m pool): 00:54.81 Brugge 04/10/2026					PB (50m pool): 00:57.75 SB: 00:54.81 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.30		00:54.81	
	00:26.30		00:28.51		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:7, starttime: 15:48
Heat: 7/8 Lane : 6 Athlete: DECUPERE ALEX					Q-time: 00:54:67
PB (25m pool): 00:54.67 Ettelbruck 19/04/2026					PB (50m pool): 00:55.07 SB: 00:54.96 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.57		00:54.67	
	00:26.57		00:28.10		
					

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:3, starttime: 16:10	
Heat: 3/5 Lane : 7 Athlete: VANNESTE DAAN							Q-time: 02:54:00	
PB (25m pool): 02:54.00 Ettelbruck 19/04/2026				PB (50m pool): 02:55.22 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.99		01:23.53		02:08.89		02:54.00
	00:38.99		00:44.54		00:45.36		00:45.11	
								

Coach feedback:

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Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:4, starttime: 16:14	
Heat: 4/5 Lane : 8 Athlete: DE BAL LUCAS							Q-time: 02:50:43	
PB (25m pool): 02:50.43 Meulebeke 10/05/2026				PB (50m pool): 03:02.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.53		01:22.03		no time		02:50.43
	00:38.53		00:43.50					
								

Coach feedback:

Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:2, starttime: 16:24	
Heat: 2/3 Lane : 5 Athlete: LEMAHIEU LIESE							Q-time: 02:54:38	
PB (25m pool): 02:54.38 Brugge 04/10/2026				PB (50m pool): 02:55.56 SB: 02:54.38 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.22		01:25.50		02:10.89		02:54.38
	00:40.22		00:45.28		00:45.39		00:43.49	
								

Coach feedback:

Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:2, starttime: 16:24	
Heat: 2/3 Lane : 8 Athlete: DUMORTIER ELISE							Q-time: 02:58:37	
PB (25m pool): 02:58.37 Brugge 04/10/2026				PB (50m pool): 03:05.96SB: 02:58.37 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.99		01:25.84		02:12.37		02:58.37
	00:39.99		00:45.85		00:46.53		00:46.00	
								

Coach feedback: